

## 3D Process Worksheet

**Discover.**



**Develop.**



**Deploy.**



Name \_\_\_\_\_

Date \_\_\_\_\_

Sphere (1 out of 7) \_\_\_\_\_

Specific *area* of development (*bullet point*) \_\_\_\_\_

Start Date \_\_\_\_\_ Evaluation Date \_\_\_\_\_



### Discover

*Utilize this section for exploring the bullet point area*

1. CIRCLE the corresponding reality for yourself in the *area*:

- |                     |                 |                   |               |           |
|---------------------|-----------------|-------------------|---------------|-----------|
| • very strong       | strong          | neutral           | weak          | very weak |
| • strong exposure   | some exposure   | little exposure   | no exposure   |           |
| • strong experience | some experience | little experience | no experience |           |

2. In this *area*, have you experienced deficiency in the cognitive, relational, or experiential? Explain.

3. Where have you integrated the *area* into your life?

4. Which of these do you associate this *area* with: a spiritual gift, heart passion, natural talent, or just plain old fashioned hard work developed in your life?

5. Describe any sense of resistance you may have to this *area*:

6. Describe any intentional neglect in this *area*:

## 3D Process Worksheet



### Develop

*Utilize this section for the area that has been identified as needing further development*

Intended outcomes in this *area*: (to be developed between GHE Resident and GHE Coordinator)

**As you seek to develop this *area* ask:**

How will you employ the following environments in the developmental process? Be specific.

- Cognitive environments (Books, seminars, training events, etc.):
- Relational environments (Experts, leaders, relationships, etc.):
- Experiential environments:



### Deploy

*Utilize this section for evaluating progress and for developing a plan for life integration of the specific area being worked on. The following questions may help with this life integration plan.*

1. Describe the progress that you have made in this *area*.
2. What are the potential results of not integrating this *area* in your life?
3. What are the potential results of full integration of this *area* into your life?
4. What steps will you take to intentionally nurture this *area* throughout your lifetime?
5. Who will you seek to invest in by replicating what you have been given in this *area*?